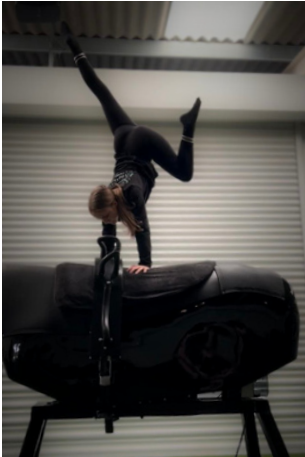


CASE STUDY



“Two athletes have achieved qualifying scores for European Championship selection”

Name: South of England Vaulting Squad

Location: UK

The Challenge

The winter season presented significant challenges for the team. Poor weather conditions combined with transport issues meant the vaulters had very limited access to horse training. For a sport where consistency, confidence and physical conditioning are essential, maintaining training quality during this period could easily have impacted performance heading into competition season.

The Solution

Using the **Racewood Vaulting Simulator** throughout the winter allowed the team to continue training consistently despite limited horse access.

The Racewood enabled vaulters to maintain:

- Strength and conditioning
- Technical consistency
- Confidence and routine practice
- Quality training sessions regardless of weather or logistics

According to the team: *“Being able to keep consistency, strength and confidence on the Racewoods has made such a difference.”* The simulator became a core part of maintaining training standards and competition readiness throughout the off-season.

The Results

The impact quickly became visible in competition results:

Strong Start at Local Competition:

The younger walk vaulters attended an early local competition primarily for experience due to their limited horse training leading into the event.

The team achieved:

- Squad 1st place
- Two individual 1st places
- One 2nd place
- One 3rd place
- One 4th place

All achieved in highly competitive classes.

International Podium Finishes in France

- Two senior vaulters then competed internationally in France:
- Janina 2nd place
- Dan 3rd place

Delivering two international podium finishes.

Scotland CVI Success

At the Scotland CVI, three senior vaulters achieved:

- 1st place
- 3rd place
- 3rd place

In addition, all three athletes also won their national classes.

Looking Ahead

Alongside competition success, the team is also using the Racewood to help grow awareness of vaulting through demonstrations and Pony Club rallies throughout the summer.

The team credits the simulator as a major factor in helping maintain momentum and competitive performance during a difficult training period:

“The consistency and quality of training we’ve been able to maintain thanks to the Racewood has played a huge part in all of this... We really do feel it’s been a key factor in our progress this season.”

By enabling uninterrupted, high-quality training throughout the winter, the team was able to maintain confidence, conditioning and consistency despite limited horse access.